

Food Programs

Rusk County Food Pantry 715-415-2564
103 W 3rd St, East End, Ladysmith, WI 54848
Tuesday & Friday Noon to 4 pm

Hope Lutheran Church Food Pantry 715-532-7739
320 S 1st St, Ladysmith, WI 54848
Monday 1pm to 3pm, Friday 9:30 am to 11:30 am

Sheldon Food Pantry (Sheldon residents only)
ONE HOPE Church 715-492-1199
W5662 Main St, Sheldon, WI 54766
2nd Thursday of month 9 to 11am
4th Thursday of month 4 to 5:30pm

Bruce Food Pantry 715-415-1863
Enter thru alley of Bruce's Place, Main Street, Bruce, WI
Look for sign on building (Bruce, Exeland, Weyerhaeuser residents only)
2nd Thursday of month 5 to 5:30
4th Thursday of month 10 to 10:30

Hawkins Community Cupboard 715-585-2303
915 Main St, Hawkins, WI 54530
1st and 3rd Wednesday of month 9 to Noon and 3 to 4

Ladysmith Ruby's Pantry
320 Worden Ave, Ladysmith, WI 54848
rubyspantryladysmith@gmail.com
2nd Thursday of the month, starting at 4:30 pm

Community Meals

Manna Meal 715-532-7739
Hope Lutheran Church
320 1st Street South, Ladysmith, WI
Free meal served 4th Thursday of the month
5pm to 6pm

Monday Fellowship Meal 715-868-4455
Nathaniel Lutheran Church
1220 N 2nd Street Bruce, WI 54819
Free meal served the last Monday of each month
5pm (unless there is a holiday)

Some schools have a weekend back pack program. Call your local school for more information.

Public Assistance Programs

Northern Income
Maintenance Consortium 888-794-5722
Provides assistance for determining eligibility and enrollment into the following services:

- BadgerCare Plus
- BadgerCare Plus Prenatal
- Family Planning Only Services
- Food Share
- Caretaker Supplement
- Child Care assistance/Shares

Medicaid and BadgerCare HMO
Information /Specialist 800-291-2002
Enrolls you into an HMO (health maintenance organizations) or answers general questions about HMOs.

Rusk County Health & Human Services 715-532-2299
Provides health, nutrition, prescription drug plans, family planning waivers, energy assistance.

- WIC
- Energy Assistance
- Children's Long-Term Support (CLTS)

Workforce Resource 855-792-5439
Wisconsin Works (W2) & F-Set

Rent Assistance and Housing Programs
Get a Resource Guide for Housing at Rusk Co HHS
Ladysmith Housing Authority 715-532-7076
Landmark Company 800-924-3256
Section 8 Voucher Program 608-254-8353

Rusk County Resource Guide



IMPACT 2-1-1 (call 211)

A central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance.

- Alcohol/other Drug Abuse
- Child and Elder Care
- Crisis Intervention
- Financial and Legal
- Mental Health
- Shelter

311 Miner Avenue E, Suite C220
Ladysmith, WI 54848

Phone: 715-532-2299
WIC Cell: 715-415-1714
Fax: 715-532-2217
Email: wic@ruskcountywi.us
Web: www.ruskcounty.org/wic



Alcohol, Smoking and Drug Use Services

Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. The effects can be short or long term and may be physical, mental, social, emotional, and financial. You are not alone. Many others know what it's like and can help you quit, give you tips, and support you along the way.

Ladysmith Alano Club & AA 715-532-7196
www.area61afg.org

Alcoholics Anonymous District 23 Information & Help Line 715-931-8262
www.area74.org

Aurora Community Counseling 715-532-9771
Information and scheduling
www.auroraservices.com

First Breath-Tobacco and Substance Abuse Help 608-251-1675

No judgement, monthly check ins, quite plan, gifts for participation for pregnant and postpartum moms

Marshfield Clinic Rice Lake 715-236-4450
www.marshfieldclinic.org

Community Counseling Services 715-723-1221
Provides services for alcohol and drug abuse issues; provider for Rusk County OWI assessments.

Wisconsin Addiction Recovery Helpline Call 211 or 833-944-4673
Available statewide 24 hours a day, seven days a week.

Substance Abuse and Mental Health Helpline (SAMHSA) 1-877-726-4727
Confidential service open 24/7, 356 days a year.

Quit Line 800-784-8669
www.ctri.wisc.edu/quitline

Mental Health Services

Forward Health Find Care
www.forwardhealth.wi.gov/WIPortal/Subsystem/Public/DirectorySearch.aspx

Creative Healing Mental Health 715-797-2770
1791 County Highway 00, Chippewa Falls

Aurora Community Counseling 715-532-9771
Information and scheduling www.auroraservices.com

Rusk County Crisis Line 888-636-6655
Provides help to individuals who are experiencing a mental health crisis. We make it a goal to prevent hospitalization as much as possible, but part of our services includes emergency hospitalization if that is needed. The entry-point for Crisis Services is the Crisis Line, which is answered 24/7/365.

Postpartum Support International 1- 800-944-4773
or text 503-894-9453
24 hour mental health helpline to support families during pregnancy, pregnancy loss, and the postpartum period.

Free Health Clinics

Rice Lake Area Free Clinic 715-736-3733
www.rlafc.org

Open for Primary Patient Care EVERY Tuesday.
The first Tuesday of every month 10am-1pm.
All other Tuesdays, 4-7pm. Please contact them before coming the first time to coordinate care.

Chippewa Valley Free Clinic 715-839-8477
www.cvfreesclinic.org

Tuesdays 4:30-8pm, The First and third Thursdays 9am-1pm, Appointments preferred.

Chippewa Valley Open Door Clinic 715-720-1443
www.chippewaopendoor.org

Tuesdays 5:00-7:30pm, No appointments taken.
First Presbyterian Church, 130 Oak Ridge Dr, Eau Claire
Provides basic health care to Chippewa County residents without insurance.

Dental Services

Marshfield Clinic Dental 715-532-2500
Accepts BadgerCare and other insurances

Immunizations

Your child's doctor knows your child's health best. It is recommended that your child's doctor be contacted first regarding immunizations. Additional sources of immunizations include:

Rusk County Public Health 715-532-2299
Provides immunizations at no cost to children uninsured, underinsured (insurance doesn't cover immunizations), or with BadgerCare. Call to schedule an appointment.



Parenting and Family Services

Northwest Connection Family Resources 800-733-KIDS
Provides referral to child care, community resource, and support services. Offer parent education and support, car seat safety (installation and education), family activities and events (playgroups, special programs) and resources (lending library- books, videos, toys, equipment).

Birth to 3 715-532-2299
Birth to 3 Program is an early intervention program for children with developmental delays and disabilities ages birth to 3 and their families.

River Source Family Center 715-720-1841
Offers parenting classes either in a group setting or individually. The classes offer opportunities for parents to strengthen their skills and knowledge base and family's communication, connection and resiliency.

Well Badger Resource Center 1- 800-642-7837
Health information specialists available to answer questions regarding a variety of programs for women and young children. Email: wellbadger@wwhf.org

Healthy Beginnings 715-532-2299
Provides medical, social, educational, and other services to pregnant women who are considered high risk for adverse pregnancy outcomes.

Rusk County Youth Council 715-532-4222
Represent a community-wide effort to reduce underage drinking in Rusk County. We want to make our community a healthier, safer place for everyone, and provide our youth with the best possible opportunities for success!

Cribs for Kids 715-532-2299
Provides education and a safe place for infants to sleep for qualifying Rusk County residents.

WIC-Breastfeeding Peer Counselor 715-415-0065
Provides breastfeeding promotion and support through the WIC Program. The counselor helps the mother either in person or over the phone.

CareNet (Choices Health Network) 715-532-7600
Exists to offer clients education, hope, and support in a compassionate environment. All of services are free and confidential. Services have expanded beyond pregnancy support to include sexual health consultations for men and women.

Raising Highly Capable Kids 715-322-4481
A proven, 12-week course created to build families by giving them the confidence, tools, and skills they need to raise healthy, caring, and responsible children.

Children's Resource Center 715-726-7907
WRC is dedicated to helping families with children with special health care needs by providing information, referrals, connection and service coordination with providers, insurance and other parents.

www.co.chippewa.wi.us/crcwest

Domestic Violence

Embrace, Inc-Office & Safe Shelter 715-532-6976
Ladysmith

Oakwood Haven Domestic & Sexual Violence Shelter
Hayward, WI, Hotline (24/7) 877-552-7474