

**Rusk County Department of Health and Human Services
Aging & Disability Resource Center**

Nutrition Meeting

Nutrition Services held its regular bi- monthly meeting April 20, 2023 following the ADRC Committee meeting that starts at 1:00 pm.

PRESENT: Kathy Walthers, Angie Harvey, Kayla Poppe, Fawn Armstrong, Kathy Halbur, John Smatlak, Marlene Tuma, Mary Schneider, Mike Hraban, Richard Tuma, Mark Schmitt,

EXCUSED: Shannda Ladwig, Mary Sue Timmerman, Elizabeth Hanson, Kathy Mai, Jeremy Jacobs

1. Call meeting to order Schmidt – 1:58pm
2. Approval of minutes from previous meeting. One change made that was correct in handout given; Hraban and Schneider approval
3. Senior Services
 - a) Employee Status Need more subs, one gave notice; head asst cook gave notice but still doing 1st part of shift and Joan runs rest with subs once in a while. One applicant so far and closes Sunday. Breakfast sub can no longer sub so head asst cook agreed to help with that. Most subs on medical leave.
 - b) Nutrition Aging Plan cultural goal update Kathy Halbur – November Native American Heritage month went really well (Aging plan goal); Now instead of Beneficial Bites each month, will be highlighting a different country for those in the meal program. Also including information in the Source about a holiday for that country. Partnering with Library and Cook Book Club. Kathy talked about Cook Book Club.
 - c) Jail meals- Last day was Oct 31, 2022 going well with there current contract.
 - d) Share the Love December was completed; was accepted, should know in May or June if we get any “shares”
 - e) Other Updates
 - i. Resignation as committee member by Liz Hanson. Gave notice in December due to her health.
 - f) Organic food Pilot Indianhead Grant Writer – 2 months of organic food for 20 Ladysmith residents so far and this is additional to the regular meal; looking into partnering with commodities since has income limit if becomes a program
 - g) Nutrition End of Year Review (2022) attachment from Pam VanKampen
 - h) Nutrition Assessment coming up in May 2023
 - i. Site assessments happens every 3 years but with Covid has been a bit longer; one committee member has to go to each of the sites and has to be done before the middle of May – Kathy Halbur helping; Sheldon Monday and Friday for Hawkins and Ladysmith; Bruce not open yet so will be later
 - ii. Secrete shopper has to be a committee member that goes to the site to rate a meal
 - iii. Emergency and/or disaster plan (possible motion) carry forward not changed ye

Other – Bruce opening May 1st

Adjourn Hraban, Smatlak 2:35pm

Next Meeting date is **Thursday, August 17, 2023** following 1:30 p.m. ADRC meeting Senior Center Dining Area Quarterly meetings (April, August, October, Dec)

This agenda was prepared by Kathy Walthers, Program Manager of the ADRC under direction of Mark Schmitt, committee chair.