

**Rusk County Department of Health and Human Services
Aging & Disability Resource Center
Advisory Committee Meeting**

The Rusk County Aging & Disability Resource Center Board held its bi-monthly meeting on October 19, 2023 at 1:00

PRESENT: Kathy Walthers, Abby Wendland, Kathy Halbur, Marlene Tuma, Mike Hraban, Richard Tuma, Mark Schmitt, Mary Sue Timmerman, Mary Schneider, Shannda Ladwig Jeremy Jacobs, John Smatlak,

EXCUSED: Kathy Mai, Angie Harvey, Fawn Armstrong,

1. Call meeting to order Mark Schmitt 1:00 pm
2. Approval of minutes from previous meeting. With two spelling changes Hraban motioned, 2nd M. Tuma
3. Public Comment- none
4. HHS- There is a booth available at the Farmers Market that any different programs can use to help inform the public of services. Jeremy sat at the booth and recommends that we all take advantage of the opportunity to share what we do there.
5. Aging & Disability Resource Center/Senior Services
 - a) ADRC
 - i. Advocacy
 - i. Doors- bid on doors for senior center \$9,890 exterior door, \$7,881 interior door, going to loosen the tension on the bathroom door so it opens easier as it is \$6,000 per door to have it be handicapped accessible. Still waiting on the electrical bids. Hoping to have approvals to get finished this year.
 - ii. Discussed sidewalks along Walmart to Clinic- no ramps onto sidewalk/handicap accessibility. Timmerman, Tuma's, and Hraban will talk with city contacts.
 - iii. Discussed when to do the next townhall: Should we do it in the winter or wait until Spring, tie with Aging Advocacy Day- potentially do a lunch, similar organizations, talk to with the Iteam. Kathy will reach out to Iteam to see if they want to partner with the next event.
 - ii. Grants
 - i. Security Health Appreciation Grant: Jenny Hengst wrote for the award and the Source was selected as the winner of \$1000.00 donation.
 - iii. DBS Review- Abby had her 1st review. She has a full work load and is doing a great job.
 - b) Other
 - i. Aging Plan Assessment reviewed results. No corrections needed.
 - ii. Marshfield Clinic Prediabetes Health Promotion Class: This class is free, evidenced based and has 50% if under 55 and 75% if over 60 success rate keeping people from getting diabetes. Email contact: prediabetes@marshfieldclinic.org

Adjourn: Mike Schmitt 2:12 PM

Next Meeting date is **Thursday, December 21, 2023**, 1:00 p.m. in the County Board Room/LEC Unless doors get done at Senior Center then we will meet there.