

**Rusk County Department of Health and Human Services
Aging & Disability Resource Center**

Nutrition Meeting

Nutrition Services held its regular bi- monthly meeting August 17, 2023 following the ADRC Committee meeting that starts at 1:00 pm.

PRESENT: Kathy Walthers, Fawn Armstrong, Abby Wendland, Kathy Halbur, Marlene Tuma, Mike Hraban, Richard Tuma, Mark Schmitt, Mary Sue Timmerman, Mary Schneider, Shannda Ladwig
EXCUSED: Kathy Mai, Angie Harvey, Jeremy Jacobs, John Smatlak,

1. Call meeting to order Mark Schmitt- 2:20pm
2. Approval of minutes from previous meeting Hraban motion, M. Tuma
3. Senior Services
 - a) Employee Status- no main positions open, hired James Kahl as a substitute.
 - b) Nutrition Aging Plan cultural goal update- May-Cinco de Mayo/Mexican, June-Mediterranean (flop), July-France/French, August-Moroccan. Cookbook club-meeting at library going great (September 10 @ 2:30pm). Partnering with Museum for Native American Indigenous Day.
 - c) Share the Love- \$3947.33 received and used toward the purchase of 2 vehicles.
 - d) Commodities- 92 signed up
 - e) Organic food Pilot- In the spring we conducted a pilot with 20 participants (HDM) can get organic food up to 4 times. They received root veggies, which are harder to cut up/veggies that are not ordinary (caregiver needed to do so). This was hard for HDM participants. 2nd pilot with 75 parcels/participants goes from Sept 2023-Aug 2024. Commodities participants can now participate in the organic food (first 75 to show or goes to congregate goers).
 - f) Other Updates-
 - i. Secret Shoppers- liked food, site managers are doing great jobs.
 - ii. Directors Meeting- Chapter 8, making changes- spring March/April- changing temps of food (matching with state), change wording for delivery time (point in time).

Adjourn: Hraban motion, 2nd Timmerman

Next meeting October 19, 2023 following ADRC Committee meeting. LEC

2023 Quarterly meetings Following ADRC Committee meeting: (April 20 LEC- 1 pm, August 17 SC- 1:30pm, October 19 LEC- 1 pm, Dec 21 LEC- 1 pm- Potluck 12:30pm)