

**RUSK COUNTY DEPARTMENT OF  
HEALTH AND HUMAN SERVICES  
AGING & DISABILITY RESOURCE  
Nutrition Services MEETING**

Nutrition Services held its regular bi- monthly meeting on June 22, 2017 at 2:02 pm. In the Law Enforcement/County Board Room, Ladysmith, WI. The meeting was called to order by Jennifer Hengst. Kathy Walthers, Lindsay Ohmstead and Lynne Stanger were present from ADRC office.

PRESENT: Erik Stoker, Jeremy Jacobs, Kathy Mai, Peggy Hraban,

EXCUSED: Chris Thorson, Ron Moser, Mark Schmitt, Melissa Dixon, Sue Selzler, Sheryl Kisling, Alice Kesan, Kathy Silvernale,

We did not have a Quorum for this meeting:

- The Soup Cook Off or something else. (Friends of the meal program.) Kathy Silernale was unable to make the meeting so tabled until next meeting.
- Dining at 5 looking into options for meals. Cost for Jail meal vs Dining at 5 meal cost.
- Discussed changes to the nutrient standards stating in 2018. Big changes are we now have a calorie count to maintain. (675 per meal- This doesn't present an issue.) Sodium must be under 1200 mg or less. (This will make soups and ham very difficult to serve as they are high in sodium.)
- Shared 2016 Nutrition survey results. Other changes they are now not just looking at the vitamin content but also the color that the food is served as. Ex. Dark green Veg at least 1 serving per week; red/orange veg at least 2 servings per week. Etc....

Meeting adjourned at 2:22 p.m. Hraban/Hengst

Next meeting will be held on Thursday August 24, 2017 after the 1:00 p.m. ADRC meeting in the LEC