

ADRC Governing Board Meeting Minutes
Tuesday, February 1, 2022
1:00 – 2:30 p.m.
Location: ADRC Shell Lake Location County Board Room
304 2nd Street, Shell Lake, WI

Members present: Vlad Sajka, Sharon Rollins, Bob Olsgard, Michael Schroeder, Bob Heil, and John Smatlak
Appearing Virtually: Karolyn Bartlett, Mark Schmitt, Mark Van Etten, and Kathy Halbur
Absent: Rudy Walz
Others present: Jennifer Jako, Kathy Walthers, Terri Mikyska, Trisha Witham, Linda Hand, and Sue Allyn, Sarah Miller, and Louie Okey
Others virtual: Mary Updike, Katrina Hanson, and Kayla Poppe

Vice-Chair Bob Heil called the ADRC Governing Board Meeting to order at 1:05 p.m. Introductions were made. Welcome to our new Board Member John Smatlak.

Public Notice Compliance: Terri Mikyska stated we are in compliance with the open meeting Public Notification Laws.

Approval of Agenda: Bob Olsgard made a motion to approve the agenda as written, seconded by John Smatlak, motion carried.

Approval of the Minutes (November 1, 2021): Bob Olsgard made a motion to approve the November 1st minutes as written, second by Michael Schroeder, motion carried.

Public comment: None

Information & Assistance Specialist Presentation – Sue Allyn/Sarah Miller: Sue and Sarah provided the board with what I&A's do, changes the position has had over the past few years, customers they serve, and discussed top needs in the community. Questions were answered.

Health Promotion Coordination Update – Jennifer Jako: Jennifer provided an update on the Health Aging Programs stating the top focus is looking at leader recruitment for Healthy Living with Diabetes, Powerful Tools for Caregivers, Aging Mastery, and Living Well with Chronic Conditions. Presently there are two HLWD scheduled—one in person and one virtual. Alisa is reaching out to community partners for collaboration in providing these workshops. Inclusa is providing a leader for the Aging Mastery Program. Alisa and Trisha are working on "Confident Caregiver", a 12 week program, which is a combination of Savvy Caregiver and Powerful Tools for Caregivers.

Dementia Care Specialist (DCS) Update – Trisha Witham: (a) New DCS – Katrina Hanson: Trisha introduced Katrina who started January 3rd as a part-time, limited term DCS. She will work 28 hours per week through 2022. (b) 2021 DCS Narrative & 2022 Work Plan: were reviewed. (c) Other: A new initiative is "Lunch Bunch" at Turtleback starting in February. Trisha shared that with the mailers that went out, the calls she received from October through December increased by 57%. Trisha announced that we received a grant to provide on-site respite for the Confident Caregiver program. They plan on re-starting Memory Screens and Memory Care Plays. Trisha reported we have completed the RCAW (Respite Care Association of Wisconsin) Grant to help build their online registry of private-pay respite care providers. We have 20 serving our 3 counties. They are individually employed and are not employees of either the ADRC or RCAW. Trisha is working with

the Faith Based Communities in all 3 counties to continue to look at creative respite models for our communities.

2022 Scope of Service: Jennifer reported that this provides the requirements of how, why, and what we need to provide. <https://www.dhs.wisconsin.gov/adrc/pros/2022-adrc-scope-services.pdf>
There are no big changes for 2022.

Advocacy: Jennifer shared that local elections are happening with primaries and the spring election. The ADRC will provide customers with information about elections.

ADRC Reports:

Contacts/Enrollments - The 4th quarter 2021 Long Term Care contact reports were reviewed and compared with 2020's.

Personnel – Jennifer shared that Katrina is our newest addition due to the State of Wisconsin funding more DCS position which resulted in our gaining an additional \$40,000 for dementia care services. This position will be review during the 2023 budgeting process. Staff on Family Medical Leave are back. COVID is still impacting staffing. Telework options have been helpful.

Director: Jennifer reported that the ADRC received a \$14,000 Vaccine outreach grant that will provide billboard advertising in Rusk County, free transportation for vaccinations and partnering with WIHA in media information. Another grant we were awarded was for hiring 2 part-time community health workers—one to support HDM coordinators with in-home assessments and the other to help with rebuilding our Falls Prevention and Brain Health programs. This grant goes to May 31, 2023. Kim Cobb continues working on our on-line database focusing now on enhancing the in-home help section. She continues to get our resources into both Mayo and Marshfield databases.

Agenda items for next meeting – 2021 Fiscal Closeout Report

Next meeting – the next meeting is scheduled for May 3rd in Ladysmith

Sharon Rollins made a motion to adjourn the meeting at 2:35 p.m., Karolyn Bartlett seconded, motion carried.

Submitted by: _____
Bob Olsgard, Secretary

Recording Secretary: Terri Mikyska

Minutes are not official until approved at the next meeting.