

# Mission Statement

“ The mission of CST is to support and empower the youth and their families through community collaboration by leading goal oriented teams that help the family find their voice.

## CST Team Process

- “ A referral is made and eligibility determined.
- “ A strengths and needs assessment is completed with the family focusing on things that the family does well, while identifying areas of need .
- “ A Family team is formed. The team is made up of family members, service providers, friends, relatives, school and other community members who the family chooses to be involved.
- “ The team develops an individualized and collaborative plan of care by drawing on resources from the community and developing solutions when gaps in services are identified.
- “ The team develops crisis plans with the family to prepare for any crisis in the home, school, or community
- “ The team transitions from the formal involvement when the family feels they have a voice in decisions that are made regarding their child's access to services and resources.

## CORE VALUES

**Family Centered:** Families are families by choice defined by the consumers themselves.

**Consumer Involvement:** Families are viewed as full and meaningful partners.

**Strength-Based:** Builds on the unique qualities of the team members to meet needs.

**Builds on Natural and Community Supports:** Utilizes all resources available, both formal and informal supports and service systems.

**Unconditional Care Teams:** Respond and adapt to the needs of the family. Involvement with the family is not dependent with something the child does or does not do.

**Collaboration Across Systems:** An interactive process where the team generates solutions to mutually defined needs based on the team's strengths.

**Team Approach Across Agencies:** Everyone shares responsibility, accountability, authority, and respect for the process and the family.

**Gender/Age/Culturally Responsive Treatment:** Services reflect understanding of issues specific to gender, age, disability, race, ethnicity, and sexual orientation.

**Self-Sufficiency:** Supporting families and sharing resources to help in developing life skills in areas such as housing, education, employment, etc.

**Education and Work Focus:** Dedication to positive and consistent education and employment.

**Belief in Growth Learning and Recovery:** Family improvement begins and the team instills hope and values with

compassion, dignity, and respect.

**Outcome Orientated:** The team will set goals and tasks based on the youth and family's needs by drawing on the strengths of the team and community. A plan of care is created by the team with actions, steps, and outcomes that are achievable and measurable

## CRITERIA ANYONE CAN MAKE A REFERRAL

.. Youth is or has recently been involved in at least TWO of the following direct services:

\* Mental Health (therapy and or medication management)

\* Severe Emotional Disorder

\* Special Education

\* Youth Justice

\* Child Protective Services

\* AODA

.. Other interventions have not been successful over time; persistent obstacles to services are present and there is a need for service coordination due to involvement in multiple systems.

.. Child is at risk of out-of-home placement (or is transitioning).

**CST is a voluntary service. A youth's parent(s) or guardian(s) must be willing to participate in the process.**

If you have questions on eligibility criteria, the process, or would like to make a referral please contact the Coordinated Services Team Coordinator at 715-532-2292 to learn more.

# Collaboration

- When services collaborate they are best able to help support and serve a family and their needs by strengthening resources. The CST process draws on the expertise and energy of family members, natural supports (relatives, friends, co-workers), and professionals to provide a more comprehensive service and explore new ideas to help the family find a healthy balance.
- In order to meet the needs of families, a collaborative relationship is necessary for the best planning, implementation, and evaluation of services.
- “NOTHING ABOUT ME WITHOUT ME” The purpose of the collaboration is to help the families bridge the gaps between formal and natural supports to find their voices, especially in times of crisis.

## CST Collaborative Committee

The Collaborative Committee meets quarterly and is open to everyone. The purpose of the committee is to hear from consumers about their experiences, get updates on where CST is at, share information, connect with different services, focus on sustainability, and eliminate barriers for families.

If you are interested in attending the meetings contact the CST Coordinator.

