

ADRC Governing Board Meeting Minutes

Tuesday, February 4<sup>th</sup>, 2020

1:00 – 3:00 p.m.

Location: ADRC - 850 W. Beaverbrook Ave. – Spooner, WI

Members present: Vlad Sajka, Bob Heil, Jenny Hengst, Michael Schroeder, Sharon Rollins, Bob Olsgard, Rudy Walz, Mark Schmitt and Lynnea Lake

Absent: Karolyn Bartlett and Sheryl Kisling

Others present: Jennifer Jako, Linda Hand, Kathy Walthers, Terri Mikyska, Kim Cobb, Trisha Witham, Kelly Weisenbeck and Mary Updike (by phone)

The ADRC Governing Board Meeting was called to order at 1:03 p.m. by Chair Mark Schmitt. Introductions were made.

**Public Notice Compliance:** Terri Mikyska stated we were in compliance with the open meeting Public Notification Laws.

**Approval of Agenda:** Bob Heil made a motion to approve the agenda as written, seconded by Jenny Hengst, motion carried.

**Approval of the Minutes (November 5, 2019):** Sharon Rollins made a motion to approve the November 5<sup>th</sup> minutes as written, second by Bob Olsgard, motion carried.

**Public comment:** None

**Resource Specialist Update:** Database Project - Kim Cobb reported that the new searchable, web-based database will provide easier access when searching for resources and will make it easier for the ADRC to maintain. Over 700 data entries were given to the developer; our next step will be to preview a test site. Kim will be reviewing with all regional staff for feedback. It will then go back to the developer to finalize. The goal is to complete this project in the next 3 months. Website Upgrade – Kim informed us that the website is changing to a new Google platform, therefore the look of the website will change. The upgrade is needed so that our website is still supported and secure. We will inform people of the changes by Facebook and in our newsletters.

**Health Promotion:** Jennifer reviewed the 2020 regional Health Promotions plan, including evidence-based workshops (Stepping On, Healthy Living with Diabetes, Living Well with Chronic Conditions, Powerful Tools for Caregivers) as well as the evidenced-informed Aging Mastery Program. She shared information on the participation goals and leader recruitment. Linda Hand provided information on new programs Washburn County is offering in 2020 including Mind Over Matter, Strong Bodies, and PALS.

**DCS (Dementia Care Specialist) Update:** Trisha shared highlights from her 2019 Annual Report and reviewed her 2020 Project Work Plan which includes maintaining a dementia capable ADRC, developing dementia friendly communities, and supporting those living with dementia in their homes. She has started a new evidence based program called “Boost Your Brain and Memory.” We will be hiring an LTE focusing on outreach for memory screens and brain health.

**Advocacy:** Jennifer distributed informational sheets on the upcoming 2020 census and the importance of the census, how the data is used and that some of our target groups can be hard to count. She also talked about upcoming elections in 2020. Jennifer also provided information on the Guardian Training Bill, the

Care Act, the upcoming 5<sup>th</sup> Annual Aging Advocacy Day on May 12<sup>th</sup>, and Disability Advocacy Day on March 24<sup>th</sup>. Rusk County Transit Commission (RCTC) has a van going to Madison for both advocacy events so contact them if you are interested in attending.

**Kelly Weisenbeck – Elder Benefit Specialist** - Kelly gave an overview of the role of the EBS in Wisconsin and that each county has one. She distributed a handout that gave information on identifying a client for EBS services, EBS services, the role of an EBS, referrals to EBS, EBS confidentiality and when EBS services end. Kelly gave examples of most common requests for assistance and answered many questions. EBS work with supervising attorneys through GWAAR and review complex cases together. EBS throughout the state are experiencing increased caseloads due to the increasing aging population.

**ADRC Reports:**

**Contacts/Enrollments** - Mary compared the 2018 4th quarter & year-end figures of the ADRC Long Term Care report to the 2019 figures. She highlighted that the regional Benefit Specialists had a collective monetary impact of over 37 million dollars in 2019.

**Personnel** – Jennifer reported that we received approval to hire a LTE for memory screen outreach. This position is new and will serve the region. Kathy reported that Rusk County will be hiring an assistant cook and Linda reported they just received approval to fill a Fiscal Assistant opening vacated by Missy who recently filled the Nutrition Director’s position.

**Director**– Jennifer reported that we would email the 2020 Scope of Service website link. She also announced that Barron County’s 50+ Challenge to Live Well is scheduled for April 26<sup>th</sup> from noon to 3 p.m. at the Cedar Mall in Rice Lake. Kathy reported that they are currently planning Rusk County’s Independence Your Way and it will take place in May. Jennifer also reported that EBS funding for all three counties will come through the ADRC contract for 2020.

**Agenda items for next meeting** – Angela Harvey will provide an I & A Specialist presentation

**Next meeting** – the next meeting is scheduled for May 5<sup>th</sup> in Ladysmith

Jenny Hengst made a motion to adjourn the meeting at 3:04 p.m., Rudy Walz seconded, motion carried.

Submitted by: \_\_\_\_\_  
Bob Olsgard, Secretary

Recording Secretary: Terri Mikyska

Minutes are not official until approved at the next meeting.