

ADRC Governing Board Meeting Minutes

Tuesday, May 7th, 2019

1:00 – 3:00 p.m.

Location: Law Enforcement Center Conference Room

(use entrance on West side)

311 Miner Avenue E, Ladysmith, WI

Members present: Vlad Sajka, Bob Heil, Jenny Hengst, Michael Schroeder, Sharon Rollins, Bob Olsgard, Rudy Walz, Sheryl Kisling and Lynnea Lake
Absent: Mark Schmitt and Karolyn Bartlett
Others present: Jennifer Jako, Mary Updike, Linda Hand, Kathy Walthers, Terri Mikyska, Trisha Witham, Pam Steinmetz, Kim Cobb, Lindsay Ohmstead, Angie Harvey, Kayla Poppe, and Jeremy Jacobs

The ADRC Governing Board Meeting was called to order at 1:05 p.m. by Vice-Chair Bob Heil. Introductions were made.

Public Notice Compliance: Terri Mikyska stated we were in compliance with the open meeting Public Notification Laws.

Approval of Agenda: Jenny Hengst made a motion to approve the agenda as written, seconded by Bob Olsgard, motion carried.

Approval of the Minutes (February 5, 2019): Michael Schroeder made a motion to approve the February 5th minutes with the following corrections under Low Vision presentation add the slogan “Know Us Before You Need Us” and under personnel change Power to Powerful, second by Bob Olsgard, motion carried.

Public comment: None

Elder Benefit Specialist Presentation – Lindsay Ohmstead: Lindsay provided information on her position and distributed a copy of the “The Red Tape Cutters” brochure. They are trained by the Elder Law & Advocacy Center and perform work similar to a paralegal working closely with their program attorneys. The top topic is Medicare Counseling of A, B, C, and D. They look for benefits that clients are entitled to or may be eligible for and provide unbiased information. The Elder Benefit Specialists program started out as a Pilot Program in 1977 and expanded Statewide in 1988 and is a best-practice model in the country. Lindsay answered questions.

2018 Year End Report – Jennifer reviewed and reported on the 2018 year-end, including on the 3 year analysis. Costs have increased related to increasing wages and health insurance costs. The state is looking at reallocation of our State GPR grant. Current allocation formulas of this grant to each county is based on the population of each county, and reallocation may include updated methodology.

Health Promotion Update: Jennifer reported that Peggy is as busy as ever with health promotions and coordinates with many volunteers and coordinators to provide evidence-based programs in our regional area. These programs help improve self-management. In 2019 the tri-counties will be holding 3 Powerful Tools for Caregivers, 6 Stepping On, 3 Living Well with Chronic Conditions and 5 Healthy Living with Diabetes (HLWD). We received a WIHA (Wisconsin Institute for Health Aging) grant to get more referrals into the HLWD program. Aging Master Program is restarting. The Self-Directed Volunteer Project ends in June but we have learned a lot about how to best utilize volunteers. WIHA is providing a

health promotion summer school in Rice Lake on June 6th to showcase new evidence-based programs available.

Dementia Care Specialist (DCS) Update: Trisha demonstrated the new name tags which will allow staff to be more dementia friendly. Her role is to train staff to be more dementia capable and friendly and create Dementia Friendly Communities through education and events. The Play “In the Garden” was just held in Spooner and was a huge success with over a 100 people attending. There will be a screening of the movie “What They Had” in Rice Lake and Ladysmith. The 3rd annual “Reelin’ in New Memories” will be held in Spooner. There is a Dementia Care Resource and Support booklet for each county available and are also available on our website. Memory Screens have increased and are being provided out in the community. She is collaborating on a lot of events to provide education on early detection. She shared that the Dementia Health Care Task Force has invited all the clinics and public health to a breakfast to brainstorm about dementia capability. If you see a need, please feel free to contact her.

Resource Specialist Update – Kim Cobb: Kim shared that one of her main responsibilities is maintaining our resource guides. She is currently working on a project to make it into an on-line searchable database. We want it to be user friendly for customers and staff. Our website now shows all 3 county newspapers. She has also created templates for flyers and ads that staff can use for their programs. Kim gave an update on our Facebook pages and how we are utilizing this platform. Question was raised on website accessibility (Section 508) for those with a disability.

Advocacy: Jennifer distributed a flyer for each county on Governor Evers’ Budget on Medicaid expansion and generally discussed the state budget process and areas of advocacy. Aging Advocacy Day is being held on May 14th in Madison and there are people attending from all 3 counties.

ADRC Reports:

Contacts/Enrollments - Mary distributed and reviewed the 2019 1st quarter figures of the ADRC Long Term Care report as well as the 2018 Year End for comparison. She answered questions

Personnel – We currently are fully staffed.

Director– Jennifer reported that we will be having our Annual All-Staff Training this Friday, May 10th at the Mosaic Training Center in Cameron. Jennifer gave an update on our 50+ Challenge Event held last Sunday. Kathy Walther invited everyone to Rusk County’s “Independence Your Way” event to be held Thursday, May 9th. Jennifer distributed a flyer on the free regional events scheduled on “Identity Theft”.

Agenda items for next meeting – Accessibility of Section 508, Reallocation update

Next meeting – the next meeting is scheduled for August 6th at Mosaic in Cameron

Vlad Sajka made a motion to adjourn the meeting at 2:49 p.m., Sharon Rollins seconded, motion carried.

Submitted by: _____
Bob Olsgard, Secretary

Recording Secretary: Terri Mikyska

Minutes are not official until approved at the next meeting.