



**Barron**

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ADRC Governing Board Meeting Agenda  
Tuesday, May 1, 2018 - 1:00 – 3:00 p.m.

Location: Law Enforcement Center Conference Room  
(use entrance on South side)  
311 Miner Avenue E, Ladysmith, WI

All members please call or email to acknowledge receipt of this meeting notice and to confirm your attendance. [Terri.Mikyska@co.barron.wi.us](mailto:Terri.Mikyska@co.barron.wi.us) or 715-537-6227

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|--|-----------|
| 1. Call to Order and Introductions                             | 1:00 p.m. |
| 2. Public Notice Compliance                                    |           |
| 3. Approval of agenda  |           |
| 4. Minutes from previous meeting: March 6, 2018                |           |
| 5. Public comment  |           |
| 6. 2017 Year End Report  | 1:05 p.m. |
| 7. DCS Report  | 1:15 p.m. |
| 8. Health Promotions   | 1:25 p.m. |
| 9. Advocacy  | 1:35 p.m. |
| 10. Grant Updates  | 1:55 p.m. |
| 11. ADRC Reports   | 2:10 p.m. |
| • Contacts/Enrollments   |           |
| • Personnel  |           |
| • Resources  |           |
| 12. Agenda items for next meeting – Election of Officers       | 2:45 p.m. |
| 13. Next meeting – August 7 <sup>th</sup> in Cameron at Mosaic |           |
| 14. Adjournment  | 3:00 p.m. |

Any person who has a qualifying disability under the Americans With Disabilities Act and requires the meeting or materials at the meeting to be in an accessible format must contact the ADRC at office at 715-537-6225 at least 24 hours prior to the meeting so that arrangements can be made to accommodate the request.

cc: Sullivan, Heil, Lake, Schroeder, Schmitt, Rollins, Hengst, Sajka, Kisling, Jako, Syvinski, Updike, Walthers, East, Smith, French, Steinmetz, County Clerks, Web Master

ADRC Governing Board Meeting Minutes

Tuesday, March 6, 2018

1:00 – 3:00 p.m.

Location: ADRC 850 W. Beaverbrook Ave. – Spooner, WI

Members present: David Haessig, Vlad Sajak, Bob Heil, Mark Schmitt, Karolyn Bartlett, Sharon Rollins, Lynnea Lake, and Jenny Hengst  
Absent: Terry Sullivan, Michael Schroeder and Sheryl Kisling  
Others present: Jennifer Jako, Mary Updike, Darby Smith, Kathy Walthers, Terri Mikyska, and Peggy Schmidt

The ADRC Governing Board Meeting was called to order at 1:00 p.m. by Chair David Haessig. Introductions were made.

**Public Notice Compliance:** Terri Mikyska stated we were in compliance with the open meeting Public Notification Laws.

**Approval of Agenda:** Mark Schmitt made a motion to approve the agenda after removing the location of the next meeting, seconded by Jenny Hengst, motion carried.

**Approval of the Minutes (November 7, 2017):** Bob Heil made a motion to approve the November 7<sup>th</sup> minutes as written, second by Lynnea Lake, motion carried.

**Public comment:** None

**Meet the New Director:** Jennifer Jako introduced herself and gave an overview regarding her work history, education, etc.

**Update on In-Home Support Program:** Jennifer distributed an update on the housekeeping services provided by Barron County Developmental Services, Inc. (BCDSI). She explained that there had been a few changes in the contract. We built in an assessment to make sure the environment is suitable, changed the sessions from 6 to 5 and incorporated reimbursement for when they visit and no one is home. We are making 2 to 4 referrals per month on average. BCDSI is looking for other grants to grow this service.

**DCS Report – Dementia Live & Steering into the Skid:** A Dementia Care Specialist update was distributed outlining what happened in 2017 and the goals for 2018. Memory screens are available in all counties with many staff trained. Breakfast for the Brain is in all 3 counties with up to 20 participants meeting once a month. DICE is a program working with researchers to assist families with difficult dementia cases including medication and behavior review. On June 19<sup>th</sup> the play “Steering into the Skid” will be held at the Mosaic Training Center. Peggy explained that Dementia Live is a program to allow you to experience life with dementia first hand. This event will take place on Friday, May 11<sup>th</sup> from 9 am. – 3:30 p.m. at the Barron County Government Center and you will need to reserve a time slot. A flyer was distributed with more information. There is one scheduled on April 20<sup>th</sup> in Washburn County and in September in Rusk County.

**Health Promotion:** Peggy distributed flyers on Stepping On, Health Living Programs, and Healthy Living with Diabetes and shared the upcoming class schedules. Peggy shared that we are working with Security Health to partner and receive reimbursement for Stepping On classes held in Barron and Rusk Counties. We applied for a grant “See a Need, Take the Lead” and Barron County was awarded it. This provides training for self-directed volunteer leaders/coordinators to work on a project. AMP (Aging Mastery Program) leaders can get training online now.

**Advocacy:** Jennifer distributed a flyer on the upcoming Aging Advocacy Day being held on May 16<sup>th</sup> in Madison. We will not be taking a bus this year but carpooling and if you are interested please contact her. Jennifer also distributed the Advocacy Activity Report for February provided by GWAAR outlining the State Bill #'s, description, and status and their position on it. She also distributed a GWAAR Legislative Alert regarding Federal Bill H.R.620 and GWAAR's position on it.

**Grant Updates:** Darby reported on the Sustainable Kitchens grant that was awarded to Washburn County (only one in the state). Barron County was awarded the See a Need, Take a Lead (one of 5 agencies) to have core volunteers trained and more self-directed volunteers. A Tech Grant awarded from the Helen Bader Foundation for \$2300 was for scanners, the initial fee for the system and the annual fee. EBS and DBS are using these high speed scanners to put in their paperwork eliminating the need for paper files and storage. Rusk County's IT is working with Barron's IT to get it established in Rusk County.

**ADRC Reports:**

**Contacts/Enrollments** - Mary distributed and reviewed the 4<sup>th</sup> Quarter and Year End ADRC Long Term Care report as well as the 2016 Year End for comparison. She announced that Dallas Care & Rehab is closing.

**Personnel** – We are fully staffed in Rusk and Washburn. Barron County is in the process of filling Jennifer's prior position as Nutrition/Transportation Manager.

**Resources** – All three counties will have their own Facebook page and we will have an ADRC one as well. We are still working on a searchable database for our resource guides. You can hear us on the radio with our 30 second and 2 minute ads and our weekly radio spot. April 22<sup>nd</sup> will be the 50+ Challenge at the Rice Lake Cedar Mall. A flyer was distributed. Living Life and Loving it will be held on Friday, April 6<sup>th</sup> in Washburn County and Independence Your Way will be held on May 22<sup>nd</sup> in Rusk County.

**Agenda items for next meeting** – Election of Officers, 2017 Year End Report

**Next meeting** – the next meeting is scheduled for May 1<sup>st</sup> at 1 p.m. in Ladysmith

A big thank you to David Haessig for his years on the Board as this will be his last meeting.

An updated Board Member list was distributed for easy reference.

Sharon Rollins made a motion to adjourn the meeting at 2:45 p.m., Jenny Hengst seconded, motion carried.

Submitted by:

  
Terry Sullivan, Secretary

Recording Secretary: Terri Mikyska

Minutes are not official until approved at the next meeting.