

# Outdoor Safety Tips During COVID-19



- Outdoor activities are encouraged during the "Safer at Home" order. Getting outside to walk, hike or bike is great for mental and physical well-being.
- Playgrounds are closed and contact sports like football and basketball are not allowed under the "Safer at Home" order.
- When outside enjoying the trails continue to maintain physical distancing of 6 feet by moving to the side when someone approaches or enters your space.
- Assume that public benches, tables and other surfaces could be contaminated with COVID-19. Bring your own disinfecting wipes and hand sanitizer.
- Do not touch your face and wash your hands with soap and water for at least 20 seconds as soon as you return home.



RUSK COUNTY



PUBLIC HEALTH

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